

Medical/Allergy Exemption Request Form – Part B

To be completed by requestor's personal health care provider.

Patient Name: _____ Date of Birth: _____

The VUMC influenza vaccination program requires all VUMC team members to receive an annual influenza vaccine. Your patient is requesting a medical exemption from receiving the influenza vaccination. Medical exemptions are granted for recognized contraindications.

Guidance for medical contraindications can be obtained from the Centers for Disease Control and Prevention at <http://www.cdc.gov/flu/protect/vaccine/index.htm>

Please clarify your patient's contraindication to the influenza vaccine:

- Previous systemic reaction to influenza vaccine not due to egg allergy (e.g. hives, difficulty breathing, swelling of tongue or lips)

Description of reaction: _____

Date of vaccine: _____

How long after vaccination did symptoms begin? _____

- Severe Egg Allergy

Please advise the patient of current CDC recommendations for influenza vaccination in patients with egg allergy. For severe egg allergy, VUMC provides egg-free recombinant influenza vaccine (RIV) upon request. Exemptions will not be granted for egg allergy.

- History of Guillain Barré Syndrome

Date Patient had GBS: _____

- Other Medical Contraindication: _____

Description of reaction, if applicable: _____

Date of reaction, if applicable: _____

To a responsible degree of medical certainty, it is my opinion that my patient referenced above has the influenza vaccine contraindication as identified.

Provider's Signature _____ Date _____

Provider's Name (printed) _____

Address _____ Phone _____

Fax this document to 615-936-0966 or
submit electronically at <https://healthandwellness.vanderbilt.edu/submit-records/>
